



Resource List

Alcohol

ALANON/ALATEEN
East Valley (480)969-6144

ALCOHOLICS ANONYMOUS
East Valley (480)834-9033

COMMUNITY BRIDGES (480)831-7566
24 hr. (detox) (480)962-7711

MARICOPA CRISIS LINE (602) 222-9444
Toll free 1-800-631-1314

TERROS, INC.
Phoenix (602)685-6000

Children & Youth Services

ASSOCIATION FOR SUPPORTIVE CHILD CARE
Tempe (480)829-0500

CHILD CARE RESOURCE & REFERRAL
Helpline (602)244-2678
Toll Free 1-800-308-9000

CHILD CRISIS CENTER
Mesa - 24 hr. (480)969-2308

CHILD PROTECTIVE SERVICES
To report all child abuse 1-888-767-2445

A NEW LEAF
Mesa - 24 hr. (480)969-4024

SOUTHWEST HUMAN DEVELOPMENT
Phoenix - 24 hr. (602)266-5976

Counseling/Mental Health

A NEW LEAF-DOROTHY B. MITCHELL COUNSELING
CENTER-Mesa (480) 969-6955

CATHOLIC CHARITIES - WEST VALLEY
Phoenix (602)997-6105

CHILD CRISIS CENTER
Mesa (480) 222-0194

SEXUAL ASSAULT HOTLINE (EMPACT)
24 hr. Hotline (480)736-4949

JEWISH FAMILY & CHILDREN'S SERVICES
Mesa (602)256-0528

MAGELLAN
Phoenix 1-800-564-5465
Crisis line 1-800- 631-1314

Dept. of Economic Security

(Food stamps, Cash Assistance (TANF), Medical Assistance (AHCCCS))

Family Assistance Administration
24 hr. automated system (602)542-9935
Apache Junction (480)373-2160
Guadalupe (480)831-1408
Gilbert (480)777-1168
Mesa (480)834-4066
Scottsdale (480)362-5680
Tempe (480)831-1408

DES CHILD CARE ADMINISTRATION

Mesa (480)834-3343
Phoenix (South Central) (602)276-5527
Tempe/Mesa (480)831-1070

Dept. of Health Services

WOMEN, INFANTS, CHILDREN (WIC)
Chandler (480)892-7702
Guadalupe (480)838-2859
Mesa (480)833-0334
Mesa (Greenfield) (480)984-1068
Scottsdale (480)949-7448
Toll Free 1-800-252-5942

Domestic Violence

AMERICAN RED CROSS
(temporary shelter and transportation)
Phoenix (602)336-6660
Toll Free 1-800-842-7349

AUTUMN HOUSE
(Shelter for battered women & children)
Mesa (480)835-5555

CHRYSALIS
(120 day shelter for women & their children)
Phoenix (602)944-4999
Scottsdale (480)481-0402
Admin/Outpatient Counseling (602)955-9059

DE COLORES
(Domestic violence abuse shelter)
Phoenix - 24hr. (602)269-1515

FAMILY ADVOCACY CENTER
Phoenix police (Domestic violence support group for adults and children ages 6-14)
Phoenix (602)534-2120

MY SISTER'S PLACE
(Shelter for women & children)
Chandler - 24 hr. (480)821-1024

SOJOURNER CENTER
Phoenix (Crisis Line) (602)244-0089
Phoenix (Administration) (602)244-0997

Food, Shelter, Housing

AMERICAN RED CROSS (emergency assistance for disaster caused needs)
Phoenix (602)336-6660
24 hr. Emergency 1-800-842-7349

AZ STATE DES EMERGENCY ASSISTANCE
Gilbert (480)777-1168

COMMUNITY HOUSING PARTNERSHIP
Phoenix (602)253-6905

CONTACTS (SHELTER DATABASE)
Toll Free 1-800-799-7739

ASSOCIATION FOR ARIZONA FOODBANKS
Toll Free 1-800-445-1914

LA MESITA FAMILY SHELTER
Mesa (480)834-8723

COMMUNITY ACTION PROGRAM
Chandler (480)963-4321
Gilbert (480)892-5331
Mesa (480)833-9200
Tempe (480)350-5880

SAVE THE FAMILY
Mesa (480)898-0228

HOUSING OUR COMMUNITIES
1st Time home buyer assistance (480) 649-1335

Information & Referral

Brain Injury Association of Arizona
INJURIES (602)508-8024

COMMUNITY INFORMATION & REFERRAL
Maricopa County – 24hr. (602) 263-8856

Kinship

Duet; Partners in Health & Aging
Phoenix (602)274-5022

FAMILY RESOURCE CENTER
Mesa (480)834-9424

GOLDEN GATE COMMUNITY CENTER
Phoenix (602)233-0017

Legal Assistance

COMMUNITY LEGAL SERVICES
Mesa/East Valley (480)833-1442

FRESH START WOMEN'S RESOURCE CENTER
Phoenix (602)252-8494

LAWYER REFERRAL SERVICE
Phoenix (602)257-4200

Medical

MARICOPA COUNTY DEPT. OF PUBLIC HEALTH
Phoenix (602)506-6900

BANNER HEALTH/CARE
Doctor Referrals (602) 230-2273

Military Support

VA ELIGIBILITY (602) 222-6508

VET CENTER
Mesa (480) 610-6727
Phoenix (602) 640-2981

SUICIDE PREVENTION
24hr Hotline 1-800-273-8255

MILITARY ONESOURCE 1-800-342-9647

BRAIN INJURY ASSOCIATION ARIZONA
infoline (602) 323-9165

Parenting Skills

BIRTH TO FIVE HELPLINE 1-877-705-KIDS

FAMILY RESOURCE CENTER
Mesa (480)834-9424

PARENTING SERVICES INFO. LINE
Helpline (480)834-9365

JEWISH FAMILY & CHILDREN'S SERVICES
Mesa (602) 256-0528

OFFICE OF FAMILY HEALTH
Phoenix (602)506-6339

PARENTING AZ
Phoenix (602)248-0428

VALLE DEL SOL, INC.
Tempe (602)2586797

PARENT UNIVERSITY
Mesa (480)472-7278

SOUTHWEST HUMAN DEVELOPMENT
HEALTHY FAMILIES PROGRAM
County Wide (602)266-5976

24 Hour Hotlines

SEXUAL ASSAULT HOTLINE (EMPACT)
24 hr. Crisis Line (480)736-4949

EMPACT'S SUICIDE PREVENTION CRISIS LINE
24 hr. Hotline (480)784-1500
Administration & Counseling (480)784-1514

ARIZONA DEPT. OF HEALTH SERVICES
PREGNANCY/BREASTFEEDING HOTLINE
Toll Free 1-800-833-4642

SAMARITAN REGIONAL POISON CENTER
24 hr. Toll Free (Nationwide) 1-800-222-1222
24 hr. Toll free (AZ only) 1-800-362-0101

COMMUNITY INFORMATION & REFERRAL
Maricopa County – 24hr. (602)263-8856